

P07-A STUDY OF MUSIC THERAPY FOR AUTISTIC CHILDRENS' EMOTIONAL AND SOCIAL DEVELOPMENT

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ABSTRACT

The objective of Music Therapy was not to focus on musical skill. But, it was focused on one's physical, mental, emotional, and social development depending on necessity of each one who was treated. It could be applied in many contexts. The effect of music on one's mind and brain, by being able to make changes in emotion, conscious, imagination, perception of reality, and nonverbal communication. There were many kinds of its usefulness which was very appropriate, and interesting to use with Autistic Children since they had problems in social, language and communication, behavioral and emotional development, perception and learning, and playing and imagination. Moreover, Dr. Prakob Wiboonsook stated that in order to decrease the aggression, besides the music listening, the children should play music such as drum beating, or rhythm tapping simultaneously which would be more help. Therefore, this research used the music and many activities relating to music in supplementary. The objectives were to develop the model of activity management by music therapy for Autistic Children, and to study the Autistic Children's emotional and social development after using music therapy activities. The samples using in this study were 16 Autistic Children of Center for Research in Autistic, 2007 school year. They were selected by Purposive Sampling. The research instruments were: 1) the Evaluation Form in Autistic Children's Emotional and Social Development (before-after), 2) the model of activity management by music therapy, 3) the Evaluation Form of activity management, 4) the Behavioral Record Form of Autistic Children's emotional and social aspect, 5) the photograph taking while the activity management by music therapy, was performed. Data were analyzed by finding the Frequency, comparing the data, and descriptive analysis. The research findings found that: 1) Each of Autistic Children had better emotional and social development when they participated in music therapy activity, 2) from the observation, the Autistic Children's behavior after using music therapy, found that they liked it, smiled, and were

happy while they were participating in activity, listening to music, practicing, and being able to stay in group and participate in activity until finishing, 3) the model of activity management by music therapy, when they practiced by using the same song or activity, the Autistic Children memorized, learned, and performed better than new activity. The notions from this study were: the support should be decreased, children should be provided opportunity for them to try to do it by themselves more, the activity implementation had to be clear, systematic, easily to understand, uncomplicated, the practice should be continuous every day. Furthermore, the reinforcement, morale, opportunity to express oneself were important.

Keywords: music therapy, emotional and social, autistic children